

Dessert Meringue Shells:



Ingredients:

8 large egg whites
2 cups granulated sugar

Filling Options:

Ice Cream
Lemon Curd
Fresh Berries

Process:

1. Preheat the oven to 225 degrees F.
2. Prepare two large baking sheets by lining them with parchment paper. On each piece of parchment paper, trace six 4- to 5-inch circles with a pencil. Flip the parchment paper over so that the meringue will not be sitting directly on the pencil marks.
3. Pour 8 large egg whites into a very clean, large bowl or the bowl of a mixer. With a hand or stand mixer fitted with the whisk attachment, beat at low speed until the egg whites are foamy. Increase speed to medium and gradually pour in 2 cups sugar. Continue beating until the egg whites form stiff peaks when you lift the beaters out of the egg mixture. You now have a meringue. Take care not to overbeat the egg whites, as they can become grainy and dry.
4. Using a rubber spatula, gently transfer the meringue to a clean pastry bag fitted with a large circular or star tip, depending on the look you want to achieve.
5. Starting at the center of each circle, pipe a circle of meringue. When you reach the outer rim of the circle, pipe 1 to 2 additional layers on top of the border. The more you pipe, the deeper each shell will be.
6. Put the baking sheets in the oven. Bake for 1 1/2 hours, then turn off the oven and leave the meringues in the oven for 30 additional minutes.
7. Gently peel the meringues off of the parchment. Cool completely and put the meringues in an airtight container.
8. Freeze the meringues if you will not be using them in the next 3 to 4 days.

Salty Sweet Snack Mix:



Process:

1. Lay all ingredients (except for the snickers bars) out on a cookie sheet lined with wax paper. Ensure these are mixed up well.
2. Unwrap the snickers bars and melt in the microwave until full melted (30 seconds at a time)
3. Drizzle the snickers bars over the dry ingredients
4. Sprinkle lightly with kosher salt (optional)
5. Let this fully dry, about 1 hour
6. Place snickers drizzled snack mix in a ziploc bag and enjoy.

Ingredients:

1 Bag Popped Popcorn (microwave can be used)

2 Bags Peanuts

1 Bag Brookside Dark Chocolate Covered Blueberries

1 Bag Fuji Apple Fruit Crisps

½ Bag M&M's

2 Snickers Bars

Kosher salt to taste