

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:00 Catholic Reading - MC 9:15 Catholic Communion - MC 9:45 Worship Service - GH 10:30 Worship Service - LHC 1:30 Rummikub Group - AR 6:30 Movie Night - CL</p>	<p>2</p> <p>The Following Offices will be CLOSED for Labor Day: Front Office, Thrive Wellness Center & Day Spa, Life Enrichment, Housekeeping and Transportation 12:30 Centering Prayer - MC 12:30 Bridge - CL 2:00 Mahjongg - 2EL 6:15 Rosary - MC 6:30 Bridge - CL</p>	<p>3</p> <p>8:30 Thoughtful Time Out - ART 10:00 Quilt Tying - ART 1:00 Poker - 1EL 1:00 Lakeside Outing to Wildlife Safari in Ashland - ML 2:00 Dominos - CL 4:00 School Days Reminiscing - AR 6:15 Mahjongg - 2EL</p>	<p>4</p> <p>11:00 Faith Matters - MC 1:00 Mahjongg - 2EL 1:00 Bridge - CL 1:00 Manicures - AR 2:00 Bocce Ball - GH 3:00 Careers Through the Years - AR 3:30 Chime Choir - GH 6:30 Entertainment with Livin' Easy Jazz Ensemble - GH</p>	<p>5</p> <p>8:30 Thoughtful Time Out - ART 10:00 Store Trip: Bakers & Walmart 10:30 Hymn Sing - LHC 1:00 Helping Hands - ART 1:30 BINGO - AR 3:00 Mass - LHC 6:15 Bridge - CL</p>	<p>6</p> <p>10:00 Handwork & Sewing Group - ART 10:00 IL Lakeside Shuttle 11:00 IL Lakeside Shuttle 1:00 Popcorn Fridays - ACS 1:30 September Birthday Party - AR 2:00 Bocce Ball - GH 4:00 Social Hour - LL</p>	<p>7</p> <p>10:00 Resident-Lead Quarter BINGO - GH 2:30 Husker Football Game: Nebraska vs. Colorado - GH 6:30 Movie Night - CL</p>
<p>8</p> <p>9:00 Catholic Reading - MC 9:15 Catholic Communion - MC 9:45 Worship Service - GH 10:30 Worship Service - LHC 1:30 Rummikub Group - AR 2:00 Grandparent's Day Celebration - LP 6:30 Movie Night - CL</p>	<p>9 National Assisted Living Week begins Wear blue 9:30 Potting & Planting - AR 10:30 Outreach Outing to Stephen Center - ML 12:30 Centering Prayer - MC 12:30 Bridge - CL 1:00 Sing-A-Long - AR 2:00 Mahjongg - 2EL 2:00 BINGO - GH 3:00 Book Club - MC 3:30 Bible Stories - AR 6:15 Rosary - MC 6:30 Bridge - CL</p>	<p>10 Wear tie-dye/colorful apparel 8:30 Thoughtful Time Out - ART 9:45 Red Hat Outing - ML 10:00 Making Gifts for Assisted Living Care Staff - AR 1:00 Poker - 1EL 2:00 Dominos - CL 2:00 When Swing was King - AR 3:30 Resident Choir Practice - MC 6:15 Mahjongg - 2EL 6:30 Entertainment with the Fremont Tritones - GH</p>	<p>11 Wear red, white, and blue 10:30 Poetry Tribute to 9/11 - AR 11:00 Faith Matters - MC 1:00 Mahjongg - 2EL 1:00 Bridge - CL 2:00 Bocce Ball - GH 3:30 Chime Choir - GH</p>	<p>12 Wear pink & purple 8:30 Thoughtful Time Out - ART 9:30 Donna Gun Music on the Trail - GH 10:00 Store Trip: HyVee & Target 10:30 Hymn Sing - LHC 1:00 Helping Hands - ART 1:30 BINGO - AR 3:00 Mass - LHC 4:00 Origami - AR 6:15 Bridge - CL</p>	<p>13 Wear Husker apparel 9:15 Making Morning Munchies - AR 10:00 Handwork & Sewing Group - ART 10:00 IL Lakeside Shuttle 11:00 IL Lakeside Shuttle 1:00 Popcorn Fridays - ACS 1:30 Painting with Krista - ART 2:00 Bocce Ball - GH 4:00 Social Hour - LL</p>	<p>14</p> <p>10:00 Resident-Lead Quarter BINGO - GH 7:00 Husker Football Game: Northern IL vs. Nebraska - GH</p>
<p>15</p> <p>9:00 Catholic Reading - MC 9:15 Catholic Communion - MC 9:45 Worship Service - GH 10:30 Worship Service - LHC 1:30 Rummikub Group - AR 6:30 Movie Night - CL</p>	<p>16</p> <p>9:45 Wedding Bliss Reminiscing - AR 10:30 VNA Presents...Types of Dementia and Associated Problems - GH 12:30 Centering Prayer - MC 12:30 Bridge - CL 2:00 Mahjongg - 2EL 2:00 BINGO - GH 3:30 Bible Stories - AR 6:15 Rosary - MC 6:30 Bridge - CL</p>	<p>17</p> <p>8:30 Thoughtful Time Out - ART 9:45 Resident Dining Meeting - GH 11:00 Lunch Bunch Outing - ML 1:00 Poker - 1EL 2:00 Dominos - CL 3:00 Storytelling - GH 3:30 Resident Choir Practice - MC 6:15 Mahjongg - 2EL</p>	<p>18</p> <p>11:00 Faith Matters - MC 1:00 Mahjongg - 2EL 1:00 Manicures - AR 1:00 Bridge - CL 2:00 Bocce Ball - GH 3:30 Chime Choir - GH 6:30 Pacific Springs Choir Concert - GH</p>	<p>19</p> <p>8:30 Thoughtful Time Out - ART 10:00 Store Trip: Bakers & Walmart 10:30 Hymn Sing - LHC 1:00 Helping Hands - ART 1:30 BINGO - AR 3:00 Mass - LHC 6:15 Bridge - CL</p>	<p>20</p> <p>10:00 Handwork & Sewing Group - ART 10:00 IL Lakeside Shuttle 11:00 IL Lakeside Shuttle 1:00 Popcorn Fridays - ACS 2:00 Bocce Ball - GH 2:30 Surviving the Bermuda Triangle - AR 4:00 Social Hour - LL</p>	<p>21 Nebraska vs. Illinois TBD</p> <p>10:00 Resident-Lead Quarter BINGO - GH 6:30 Movie Night - CL</p>
<p>22</p> <p>9:00 Catholic Reading - MC 9:15 Catholic Communion - MC 9:45 Worship Service - GH 10:30 Worship Service - LHC 1:30 Rummikub Group - AR 6:30 Movie Night - CL</p>	<p>23</p> <p>9:30 Connected Living Launch Party & Bring your own device - GH 12:30 Centering Prayer - MC 12:30 Bridge - CL 2:00 Mahjongg - 2EL 2:00 BINGO - GH 3:30 Bible Stories - AR 6:15 Rosary - MC 6:30 Bridge - CL</p>	<p>24</p> <p>8:30 Thoughtful Time Out - ART 9:30 Cruise Ship Day - AR 11:00 Blues Brothers Outing 1:00 Poker - 1EL 2:00 Dominos - CL 3:30 Resident Choir Practice - MC 6:15 Mahjongg - 2EL</p>	<p>25</p> <p>10:00 Resident Meeting - GH 1:00 Mahjongg - 2EL 1:00 Bridge - CL 1:00 Pack The Trunk - ML 1:00 Entertainment with Ric - GH 2:00 Bocce Ball - GH 3:30 Chime Choir - GH 3:30 Travelogue: Argentina - AR 6:30 Wellness Wednesday w/ Dr. Sam Gillespie & Advanced Audiology of Greater Omaha - GH</p>	<p>26</p> <p>8:30 Thoughtful Time Out - ART 10:00 Store Trip: HyVee & Target 10:30 Hymn Sing - LHC 1:00 Helping Hands - ART 1:30 BINGO - AR 3:00 Mass - LHC 6:15 Bridge - CL</p>	<p>27</p> <p>8:00 Hot Breakfast - GH 10:00 Handwork & Sewing Group - ART 10:00 IL Lakeside Shuttle 10:45 Animal Visit from Scatter Joy Acres - ALL 11:00 IL Lakeside Shuttle 1:00 Popcorn Fridays - ACS 2:00 Bocce Ball - GH 2:30 Life Enrichment Chat - ART 4:00 Social Hour - LL</p>	<p>28 Ohio State vs. Nebraska TBD</p> <p>10:00 Resident-Lead Quarter BINGO - GH 6:30 Movie Night - CL</p>
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<p>8</p> <p>Join us for our Grandparent's Day Celebration at 2:00 pm - LP</p> <p>9:00 Catholic Reading - MC 9:15 Catholic Communion - MC 9:45 Worship Service - GH 10:30 Worship Service - LHC 1:30 Rummikub Group - AR 2:00 Grandparent's Day Celebration - LP 6:30 Movie Night - CL</p>	<p>9 National Assisted Living Week begins Wear blue</p> <p>9:30 Potting & Planting - AR 10:30 Outreach Outing to Stephen Center - ML 12:30 Centering Prayer - MC 12:30 Bridge - CL 1:00 Sing-A-Long - AR 2:00 Mahjongg - 2EL 2:00 BINGO - GH 3:00 Book Club - MC 3:30 Bible Stories - AR 6:15 Rosary - MC 6:30 Bridge - CL</p>	<p>10 Wear tie-dye/colorful apparel</p> <p>8:30 Thoughtful Time Out - ART 9:45 Red Hat Outing - ML 10:00 Making Gifts for Assisted Living Care Staff - AR 1:00 Poker - 1EL 2:00 Dominos - CL 2:00 When Swing was King - AR 3:30 Resident Choir Practice – MC 6:15 Mahjongg – 2EL 6:30 Entertainment with the Fremont Tritones - GH</p>	<p>11 Wear red, white, and blue</p> <p>10:30 Poetry Tribute to 9/11 - AR 11:00 Faith Matters - MC 1:00 Mahjongg - 2EL 1:00 Bridge - CL 1:30 Scenic Drive - ALL 2:00 Bocce Ball - GH 3:30 Chime Choir - GH</p>	<p>12 Wear pink & purple</p> <p>8:30 Thoughtful Time Out - ART 9:30 Donna Gun Music on the Trail - GH 10:00 Store Trip: Target 10:30 Hymn Sing - LHC 1:00 Helping Hands - ART 1:30 BINGO - AR 3:00 Mass - LHC 4:00 Origami - AR 6:15 Bridge - CL</p>	<p>13 Wear Husker apparel</p> <p>9:15 Making Morning Munchies - AR 10:00 Handwork & Sewing Group - ART 1:00 Popcorn Fridays - ACS 1:30 Painting with Krista - ART 2:00 Bocce Ball - GH 4:00 Social Hour - LL</p>	<p>14</p> <p>10:00 Resident-Lead Quarter BINGO - GH 7:00 Husker Football Game: Northern IL vs. Nebraska - GH</p>
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1	2 The Thrive Wellness Center & Day Spa will be CLOSED for Labor Day	3 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Live Well - Get Fit - ART 2:00 Hydro Burst - PL	4 9:00 Rise N' Shine - GH 9:00 H2O Balance Drills & Skills - PL 11:00 Fit Stride: Balance - WS 1:00 Exercise in Stride - WS 2:00 Warm Water Weights - PL 2:00 Bocce Ball - GH	5 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Hydro Burst - PL 2:00 Seated Strength: Dumbbell Edition - WS 4:00 Family Swim - PL 6:30 Ballroom Dancing - WS	6 8:00 Thrive Cafe Connections - TL 9:00 Rise N' Shine - GH 9:00 Gentle Waves of Balance - PL 10:00 Chair Dancing - AR 11:00 Fit Stride: Balance - WS 1:00 Mat Yoga - WS 2:00 Bocce Ball - GH	7 10:00 Family Swim - PL
8	9 9:00 H2O Balance Drills & Skills - PL 10:00 Chair Yoga - WS 1:00 Rise N' Shine PM Edition - WS 2:00 Warm Water Weights - PL	10 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Hydro Burst - PL 2:00 Seated Strength: Dumbbell Edition - WS	11 9:00 Rise N' Shine - GH 9:00 H2O Balance Drills & Skills - PL 11:00 Fit Stride: Balance - WS 1:00 Exercise in Stride - WS 2:00 Warm Water Weights - PL 2:00 Bocce Ball - GH	12 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Hydro Burst - PL 2:00 Seated Strength: Dumbbell Edition - WS 4:00 Family Swim - PL 6:30 Ballroom Dancing - WS	13 8:00 Thrive Cafe Connections - TL 9:00 Rise N' Shine - GH 9:00 Gentle Waves of Balance - PL 10:00 Chair Dancing - AR 11:00 Fit Stride: Balance - WS 1:00 Mat Yoga - WS 2:00 Bocce Ball - GH	14 10:00 Family Swim - PL
15	16 9:00 H2O Balance Drills & Skills - PL 10:00 Chair Yoga - WS 10:30 VNA Presents...Types of Dementia and Associated Problems - GH 1:00 Rise N' Shine PM Edition - WS 2:00 Warm Water Weights - PL	17 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Hydro Burst - PL 2:00 Seated Strength: Dumbbell Edition - WS	18 9:00 Rise N' Shine - GH 9:00 H2O Balance Drills & Skills - PL 11:00 Fit Stride: Balance - WS 1:00 Exercise in Stride - WS 2:00 Warm Water Weights - PL 2:00 Bocce Ball - GH	19 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Hydro Burst - PL 2:00 Seated Strength: Dumbbell Edition - WS 4:00 Family Swim - PL 6:30 Ballroom Dancing - WS	20 8:00 Thrive Cafe Connections - TL 9:00 Rise N' Shine - GH 9:00 Gentle Waves of Balance - PL 10:00 Chair Dancing - AR 11:00 Fit Stride: Balance - WS 1:00 Mat Yoga - WS 2:00 Bocce Ball - GH	21 10:00 Family Swim - PL
22	23 9:00 H2O Balance Drills & Skills - PL 10:00 Chair Yoga - WS 1:00 Rise N' Shine PM Edition - WS 2:00 Warm Water Weights - PL	24 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Hydro Burst - PL 2:00 Seated Strength: Dumbbell Edition - WS	25 9:00 Rise N' Shine - GH 9:00 H2O Balance Drills & Skills - PL 11:00 Fit Stride: Balance - WS 1:00 Exercise in Stride - WS 2:00 Warm Water Weights - PL 2:00 Bocce Ball - GH 6:30 Wellness Wednesday w/ Dr. Sam Gillespie & Advanced Audiology of Greater Omaha - GH	26 9:00 Rise N' Shine - GH 10:00 Circuit Strength - WS 1:00 Band Strength - ALP 2:00 Hydro Burst - PL 2:00 Seated Strength: Dumbbell Edition - WS 4:00 Family Swim - PL 6:30 Ballroom Dancing - WS	27 8:00 Thrive Cafe Connections - TL 9:00 Rise N' Shine - GH 9:00 Gentle Waves of Balance - PL 10:00 Chair Dancing - AR 11:00 Fit Stride: Balance - WS 1:00 Mat Yoga - WS 2:00 Bocce Ball - GH	28 10:00 Family Swim - PL
29	30 9:00 H2O Balance Drills & Skills - PL 10:00 Chair Yoga - WS 1:00 Rise N' Shine PM Edition - WS 2:00 Warm Water Weights - PL	Location Key: ALP: AL Parlor AR: AL Activity Room ART: Art Studio GH: Grand Hall	Location Key: PL: Thrive Pool TL: Thrive Wellness Center Lobby WS: Thrive Wellness Studio			