

# March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:30 Catholic Communion –CH 1:30 Worship and Communion with Pastor David-CH 2:30 “Love Finds You in Valentine” Movie	<b>2</b> 9:30 Catholic Mass-CH 9:30 Coffee w/David-GR 10:30 Exercises 1:00 Susan the Barber 1:00 Bridge-GR 2:00 All Residents Town Hall Meeting 3:15 Tai Chi-GR	<b>3</b> 9:30 Volunteers Meeting-GR 9:30 Walking Club 10:30 Exercises 11:00 Tim Talks 1:00 Choir Practice 2:45 Card Bingo 4:00 Protestant Chapel & Communion-CH	<b>4</b> 10:30 Exercises 11:00 Trivia 1:15 Walmart Shopping 2:30 Stretch & Balance 3:15 Bingo 6:00 Wii Bowling	<b>5</b> 9:30 Men’s Coffee 10:30 Exercises 11:00 Midweek Lenten-CH 1:00 Wii Bowling 2:00 Bible Study-GR 2:30 Bocce Ball-TC 3:15 Health Checks/Interim 4:30 Chapel-Calvary	<b>6</b> 10:30 Exercises 11:00 Trivia 2:00 Tai Chi 2:30 Les Linnaman with Brass & Woodwind Golden times music	<b>7</b> 9:30 Bible Study with Eleanor-FDR 10:30 Rosary-CH 2:00 Music with Robert Patton
<b>8</b> 10:30 Catholic Communion-CH 1:30 Worship with Pastor David-CH 2:30 Sunday Movie “Oklahoma”	<b>9</b> 9:30 Catholic Mass-CH 9:30 Coffee w/David-GR 10:30 Exercises 1:00 Bridge-GR 2:00 Tai Chi-GR 2:30 Three Chords 3:15 Root Beer Floats	<b>10</b> 9:30 Walking Club 10:30 Exercises 11:00 Tim Talks 1:00 Choir Practice 3:00 Holy Relationships by Pastor David 6:00 Pitch-GR	<b>11</b> 10:30 Exercises 11:00 Trivia 1:15 Walgreens Shopping 2:30 Stretch & Balance 3:15 Bingo 6:00 Wii Bowling	<b>12</b> 10:30 Exercises 11:00 Midweek Lenten-CH 1-2 Five Points Bank 1:00 Wii Bowling 2:00 Bible Study-GR 2:30 Bocce Ball-TC 4:30 Chapel-Eastridge	<b>13</b> 9:30 Trip to the Tractor Museum 10:30 Exercises 11:00 Trivia 2:00 Tai Chi 2:30 Music with “Just Us”	<b>14</b> 10:30 Rosary-CH 2:00 Saturday Movie “Chicken Soup for the Soul”
<b>15</b> 10:30 Catholic Communion-CH 1:30 Worship and Communion-CH 2:30 Sunday Movie “The Quiet Man”	<b>16</b> 9:30 Catholic Mass-CH 9:30 Coffee w/David-GR 10-12 Connected Living 2:00 Dining Committee 2:00 Activities Committee 2:00 Tai Chi-GR 2:30 Irish Music with Chris Sayre	<b>17 St Patrick’s Day</b> 9:30 Walking Club 10:30 Exercises 11:00 Tim Talks 1:00 Choir Practice 2:45 March Birthday Party Ruth/Piano	<b>18</b> 10:30 Exercises 11:00 There’s To Your Health/Interim 1:15 Target Shopping 2:30 Stretch & Balance 3:15 Bingo 6:00 Wii Bowling	<b>19</b> 9:30 Men’s Coffee 10:30 Exercises 11:00 Midweek Lenten-CH 1:00 Wii Bowling 2:00 Bible Study-GR 4:30 Chapel-Methodist 6:30 Music with The Greasers	<b>20</b> 9:30 Sheldon Art Gallery 10:30 Exercises 11:00 Trivia 2:00 Tai Chi 2:45 Happy Hour	<b>21</b> 9:30 Bible Study with Eleanor-FDR 10:30 Rosary-CH 2:00 Saturday Movie “Giant Part 1”
<b>22</b> 10:30 Catholic Communion-CH 1:30 Worship with Pastor David-CH 2:30 Sunday Movie “Giant Part 2”	<b>23</b> 9:30 Catholic Mass-CH 9:30 Coffee w/David-GR 10:30 Exercises 11:00 Trivia 1:00 Bridge-GR 2:30 Tai Chi-GR 3:00 Card Bingo/Interim	<b>24</b> 9:00 NE Hearing-FDR 9:30 Walking Club 10:30 Exercises 11:00 Tim Talks 1:30 Traci/Aging Partners Old Dogs New Tricks 1:00 Choir Practice 3:00 Safe Strides/Balance	<b>25</b> 10:30 Exercises 11:00 Trivia 1:15 Kohl’s Shopping 2:30 Stretch & Balance 3:15 Bingo 6:00 Wii Bowling	<b>26</b> 10:30 Exercises 11:00 Midweek Lenten-CH 1:00 Wii Bowling 1-2 Five Points Bank 2:00 Bible Study-GR 2:30 Bocce Ball-TC 4:30 Chapel-Zion Presbyterian	<b>27</b> 9:30 Ladies Coffee 11:00 Adams Elementary kids chorus 1:15 Book Club 2:00 Tai Chi 2:30 Beautiful Music by Larry & Shirley	<b>28</b> 10:30 Rosary-CH 2:00 Saturday Movie “Ring of Bright Water”
<b>29</b> 10:30 Catholic Communion-CH 1:30 Worship with Pastor David-CH 2:30 Sunday Movie “On Golden Pond”	<b>30</b> 9:30 Catholic Mass-CH 9:30 Coffee w/David-GR 10:30 Exercises 1:00 Bridge-GR 2:30 Welcome Social 4:00 Celebration of Life-CH 6:30 Music with Jubilee	<b>31</b> 9:30 Walking Club 10:30 Exercises 11:00 Tim’s Talks 1:00 Choir Practice 3:00 The Landing Choir & Lady Bells Service 6:00 City Lights/City Group-Games	Play Pitch on Tuesday & Thursday’s @ 6:00 Game Room.	Bookmobile  Thursday, March 12th Thursday, March 26th 1:30 pm—2:15 pm	<b>Green-Wellness Activities</b> <b>Red-Sign up Activities</b>	GR = Game Room CH = Kessler Chapel TC = Thrive Center SCR = South Community Room NCR = North Community Room FDR = Family Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 Sonja</b> 10:00 Coffee Club 11:00 Devotions 12:00 Lunch 1:30 <b>Worship and Communion w/David</b> 1:30 <b>Walking Club</b> 2:00 Manicures 3:30 Movie & Snacks	<b>2</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club Devotions 12:00 Lunch <b>Jo 1:00-4:00</b> 1:30 <b>Walking Club</b> 2:30 Leadership Strings 3:00 St. Pat's/Bag Craft	<b>3</b> AM Coffee Club News & Devotions 11:00 Worship w/Pastor 11:30 <b>Exercise w/Kathy</b> 12:00 Lunch PM Making Sense of Scents & Time Slips	<b>4</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club News & Devotions <b>Music &amp; Movement</b> 12:00 Lunch Home Helpers 3:00 Bingo	<b>5</b> AM Coffee Club News & Devotions <b>Exercise</b> 12:00 Lunch 1-3 Manicures 3:00 Shamrock Art with Lois Rood	<b>6</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club News & Devotions <b>Music &amp; Movement</b> 12:00 Lunch PM Music Sensory 2:30 <b>Les Linnaman Brass Music</b>	<b>7 Kathy</b> AM Coffee Club News & Devotions <b>Exercise</b> 12:00 Lunch PM <b>Activity Stations</b> Arts/Crafts, Sorting & Movie 2:00 <b>Music w/ Rob Patton</b>
<b>8 Staff</b> AM Coffee Club Devotions 12:00 Lunch 1:30 <b>Worship with David</b> 1:30 <b>Walking Club</b> PM <b>Activity Stations</b> Manicures, Crafts Movie & Popcorn	<b>9</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club 12:00 Lunch <b>Jo 1:00-4:00</b> 1:30 <b>Walking Club</b> 2:30 <b>3 Chords &amp; a Cloud of Dust/Country</b> 3:30 <b>Root Beer Floats</b>	<b>10</b> AM Coffee Club News & Devotions 11:00 Worship w/Pastor 11:30 <b>Exercise w/Kathy</b> 12:00 Lunch PM Daisy the dog Garden Club	<b>11</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club News & Devotions <b>Music &amp; Movement</b> 12:00 Lunch Home Helpers 3:00 Bingo	<b>12</b> AM Coffee Club News & Devotions <b>Exercise</b> 12:00 Lunch 2:30 <b>Bus Ride</b> <b>Ice cream parlor</b>	<b>13</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club News & Devotions <b>Music &amp; Movement</b> 12:00 Lunch PM Music Sensory 2:30 <b>Music/Just Us</b>	<b>14 Sonja</b> 10:00 Coffee Club 11:00 News & Devotions 12:00 Lunch 1:30 <b>Walking Club</b> 2:00 <b>St. Pat's Craft &amp; Sorting Project</b> 3:30 Snacks
<b>15 Sonja</b> 10:00 Coffee Club 11:00 Devotions 12:00 Lunch 1:30 <b>Worship and Communion w/David</b> 1:30 <b>Walking Club</b> 2:30 Movie & Sundaes 4:00 Sit Outdoors	<b>16</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club Devotions 12:00 Lunch <b>Jo 1:00-4:00</b> 1:30 <b>Walking Club</b> 2:30 <b>Chris Sayre/Music</b> 3:30 Snacks	<b>17 St Patrick's Day</b> AM Coffee Club News & Devotions 11:00 Worship w/Pastor 11:30 <b>Exercise w/Kathy</b> 12:00 Lunch 2:30 <b>March B-day Party</b> 3:30 Walking Club	<b>18</b> 9:30 <b>Exercise with Tim</b> Coffee Club News & Devotions <b>Music &amp; Movement</b> 12:00 Lunch Home Helpers 3:15 Bingo	<b>19</b> AM Coffee Club News/Devotions 12:00 Lunch 1-3 Manicures 3:00 Irish music w/Lois Rood & Friend 6:30 <b>Music/The Greasers</b>	<b>20</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club News & Devotions <b>Music &amp; Movement</b> 12:00 Lunch PM Music Sensory 2:30 Graceland Tour	<b>21 Kathy</b> AM Coffee Club News & Devotions <b>Exercise</b> 12:00 Lunch 2:00 Emma/Piano PM <b>Activity Stations</b> Arts/Crafts, Sorting & Movie
<b>22 Staff</b> AM Coffee Club Devotions 12:00 Lunch 1:30 <b>Worship with David</b> 1:30 <b>Walking Club</b> PM <b>Activity Stations</b> Manicures, Arts, Movie & Popcorn	<b>23</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club Devotions 12:00 Lunch <b>Jo 1:00-4:00</b> 1:30 <b>Walking Group</b> 2:30 Jim/Music 3:30 Snacks	<b>24</b> <b>10:00 NE Hearing</b> AM Coffee Club News & Devotions 11:00 Worship w/Pastor 11:30 <b>Exercise w/Kathy</b> 12:00 Lunch 2:00 Tea Time Social with family	<b>25</b> 9:30 <b>Exercise with Tim</b> Coffee Club News & Devotions <b>Music /Movement</b> 12:00 Lunch 2:00 Southwood Chapel 3:15 Bingo	<b>26</b> AM Coffee Club News & Devotions <b>Exercise</b> 12:00 Lunch 1-3 Manicures & Foot Spas Aromatherapy with Homemade Popcorn	<b>27</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club News & Devotions <b>Music &amp; Movement</b> 12:00 Lunch PM Music & Sensory 2:30 <b>Music/Larry &amp; Shirley</b>	<b>28 Sonja</b> 10:00 Coffee Club 11:00 News & Devotions 12:00 Lunch 1:30 <b>Walking Club</b> 2:00 Easter Craft 3:00 Patio Time 3:30 Snacks
<b>29 Sonja</b> 10:00 Coffee Club 11:00 News & Devotions 12:00 Lunch 1:30 <b>Worship and Communion w/David</b> 2:00 Finish Easter Craft 3:30 Movie & Popcorn	<b>30</b> 9:30 <b>Exercise with Tim</b> AM Coffee Club Devotions 12:00 Lunch <b>Jo 1:00-4:00</b> PM <b>Walking Club</b> 2:30 <b>Eleanor/Piano</b> 3:30 Puzzles/Coloring	<b>31</b> AM Coffee Club News & Devotions 11:00 Chapel 11:30 <b>Exercise w/Kathy</b> 12:00 Lunch PM Making Sense of Scents & Time Slips			<b>GREEN</b> means Wellness exercise classes in Autumn View	Events in <b>RED</b> are located in the YHV Activities Room

# March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<b>2</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 EZ Tai-Chi-AR	<b>3</b> 9:30 Sit 2B Fit-TC 9:30 Walking Club-GR 10:30 Muscle Worx 11:00 Spring Cleaning Your Health w/Tim 2:30 Intro to Strength-TC	<b>4</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 Stretch and Balance-AR	<b>5</b> 9:30 Sit 2B Fit- TC 10:30 Muscle Worx 2:30 Bocce Ball-TC <b>3:00 Preventative                      Health Checks/                      Interim</b>	<b>6</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 Tai-Chi-TC	7
8	<b>9</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 EZ Tai-Chi-AR	<b>10</b> 9:30 Sit 2B Fit-TC 9:30 Walking Club-GR 10:30 Muscle Worx 11:00 Spring Cleaning Your Health w/Tim 2:30 Intro to Strength-TC	<b>11</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 Stretch and Balance-AR	<b>12</b> 9:30 Sit 2B Fit- TC 10:30 Muscle Worx 2:30 Bocce Ball-TC <b>3:00 Preventative                      Health Checks/                      Interim</b>	<b>13</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 Tai-Chi-TC	14
15	<b>16</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 EZ Tai-Chi-AR	<b>17</b> 9:30 Sit 2B Fit-TC 9:30 Walking Club-GR 10:30 Muscle Worx 11:00 Spring Cleaning Your Health w/Tim <b>1:00 Knots Kneaded                      Massage</b> 2:30 Intro to Strength-TC	<b>18</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR <b>11:00 Interim-Here's to                      Your Health</b> 2:30 Stretch and Balance-AR	<b>19</b> 9:30 Sit 2B Fit- TC 10:30 Muscle Worx 2:30 Bocce Ball-TC	<b>20</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 Tai-Chi-TC	21
22	<b>23</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 EZ Tai-Chi-AR	<b>24</b> 9:30 Sit 2B Fit-TC 9:30 Walking Club-GR 10:30 Muscle Worx 11:00 Spring Cleaning Your Health w/Tim 2:30 Intro to Strength-TC <b>3:00 Safe Strides Talk</b>	<b>25</b> Rise and Shine-AV 10:30 Core-dination-AR 2:30 Stretch and Balance-AR	<b>26</b> 9:30 Sit 2B Fit- TC 10:30 Muscle Worx 2:30 Bocce Ball-TC	<b>27</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 Tai-Chi-TC	28
29	<b>30</b> 9:30 Rise and Shine-AV 10:30 Core-dination-AR 2:30 EZ Tai-Chi-AR	<b>31</b> 9:30 Sit 2B Fit-TC 9:30 Walking Club-GR 10:30 Muscle Worx 11:00 Spring Cleaning Your Health w/Tim 2:30 Intro to Strength-TC		<b>AR-Activity Room                      GR-Game Room                      TC-Thrive Center                      AV-Autumn View</b>		