


March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR	2 Wii Tournament Wk 8 9:00 Weekly Trivia Packet FD 10:00 Fareway 1:00 SR Fitness SDR 12:00 Chair Massages 2:00 Life Stories AR	3 10:00 Book Club PDR 11:00 Community Classrooms SDR 1:30 Devotional and Hymns with Pastor Zeb SDR 3:00 Farkle AR	4 10:00 Dollar Tree 1:00 Senior Fitness Class LDR 2:00 Name that Tune AR 3:00 Homeless Mats AR	5 10:00 Painting Workshop AR 2:00 Rummikub LSL 3:00 Bible Study with Rhonda SDR 4:00 Resident Led Beanbag SDR	6 10:00 Manicures 1:00 SR Fitness SDR 2:00 Mary Kay Tropical Party AR 3:00 Armchair MR 4:30 Pizza and Beer Night	7 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
8 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR	9 9:00 Weekly Trivia Packet FD 10:00 Walmart 1:00 Senior Fitness Class LDR 2:00 Life Stories AR 3:30 Spring Craft SDR	10 10:00 Book Club PDR 1:30 Devotional and Hymns with Pastor Zeb SDR 3:00 Phase 10 AR	11 10:00 Town Hall Meeting LDR 1:00 Senior Fitness Class LDR 3:00 Homeless Mats AR 4:00 Activity Brainstorming SDR	12 10:00 Painting Wksp AR 2:00 Rummikub LSL 3:00 Bible Study SDR 4:00 Resident Led Beanbag SDR 6:15 Documentary SDR	13 10:30 IHOP 1:00 Senior Fitness Class LDR 1:50 Armchair MR 3:30 Happy Hour LSL	14 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
15 10:30 Cookies and Socializing in Pinkies 2:00 Sunday Service with Pastor Zeb LDR 3:15 Choir Concert	16 10:00 Hyvee 1:00 Senior Fitness Class LDR 2:00 Life Stories AR 2:30 Meals from the Heartland LDR 5:00 Helene V. LDR	17 March Madness Begins 11:00 Book Club PDR 1:30 Iowa Bags and Pipes and Shamrock Shakes LDR 3:00 Jewelry Making AR	18 10:00 Altoona Library 1:00 Senior Fitness Class LDR TBA Beanbag Baseball 3:00 Homeless Mats AR	19 10:00 Painting Workshop AR 2:00 Rummikub LSL 3:00 Bible Study SDR 4:00 Resident Led Beanbag SDR	20 9:30 Pet Therapy LSL 10:30 Manicures 1:00 Senior Fitness Class SDR 1:50 Armchair Trav. MR 3:30 Happy Hour LSL	21 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
22 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR	23 9:00 Weekly Trivia Packet FD 10:00 Target 2:00 Life Stories AR 3:30 Ted Talk AR	24 11:00 Book Club PDR 3:00 Jewelry AR 6:15 Resident Led Game SDR	25 10:00 Mill's Fleet Farm TBA Beanbag Baseball 3:00 Homeless Mats AR 4:30 Big Steer Altoona	26 10:00 Painting Workshop AR 2:00 Rummikub LSL 3:00 Bible Study SDR 4:00 Resident Led Beanbag SDR	27 9:15 Men's Group Coffee Outing 1:50 Armchair Travels MR 3:30 Happy Hour LSL	28 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
29 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Lutheran Church of the Cross LDR	30 9:00 Weekly Trivia Packet FD 10:00 Fareway 2:00 Life Stories AR 3:30 Jeopardy Trivia SDR	31 10:00 Bingo Store AR 11:00 Book Club PDR 3:00 Farkle AR 6:15 Resident Led Game SDR		Activities in Blue require you to sign up in the notebook at the front desk. Special events are in Red.	KEY AR = Activity Room 2nd Floor MR = Media Room 2nd Floor LDR = Large Dining Rm 1st Floor SDR = Small Dining Rm 1st Floor LSLP=Lakeside Lounge Patio LSL = Lakeside Lounge 1st Floor ER = Exercise Room 3rd Floor	

Memory Support

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Balloon Swat 10:30 Nail Care 3:00 Church Service with Pastor Zeb LDR 6:30 Football Fill-in-the-Blank	2 9:30 Independent Activities 10:30 Music Appreciation Club 1:00 Random Trivia 1:50 Group Exercises 6:00 Current Events 6:30 Paint By Numbers	3 9:30 Sing A-Long 1 10:00 Crafting Club: Leprechaun Door Décor 1:30 Cooking Club 2:00 Storytelling & Snack 6:00 Current Events	4 9:30 Individual Activities 10:30 Spiritual Time with Pastor Zeb 1:00 Jim Boardman the Storyteller 1:50 Group Exercises 3:00 Scenic Bus Ride 6:00 Current Events	5 9:30 Individual Activities 10:00 Short Story 1:30 Picture This 3:30 Fill in the Word 6:00 Current Events & IN2L	6 10:00 Current Events & IN2L 10:30 Music Therapy 1:50 Group Exercises 3:30 Travelogue 6:00 Name That Tune	7 10:00 Hand Massages 10:30 Group Crossword 1:30 Bingo 3:30 Sing A-Long 1 6:00 Drawer Detective 6:30 Movie Night
8 10:00 Balloon Swat 10:30 Nail Care 3:00 Church Service with Pastor Zeb LDR 6:30 Name Game	9 9:30 Independent Activities 10:30 Music Appreciation Club 1:00 Random Trivia 1:50 Group Exercises 6:00 Current Events 6:30 Paint By Numbers	10 9:30 Sing A-Long 1 10:00 Crafting Club: Lucky Stones 1:30 Cooking Club 2:00 Storytelling & Snack 6:00 Current Events	11 9:30 Individual Activities 11:00 Spiritual Time with Pastor Zeb 1:50 Group Exercises 3:00 Scenic Bus Ride 6:00 Current Events	12 9:30 Individual Activities 10:00 Short Story 1:30 Remembering the Luck of the Irish 3:30 Jigsaw Puzzles and Games 6:00 Current Events & IN2L	13 10:00 Current Events & IN2L 10:30 Music Therapy 1:50 Group Exercises 3:30 Badge Categories 6:00 Name That Tune	14 9:30 Current Events 10:00 Hand Massages 10:30 Basketball 1:30 Musical Instruments 3:30 Sing A-Long 4 6:30 Movie Night
15 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 3:00 Church Service with Pastor Zeb LDR 6:30 Listen to Music	16 9:30 Current Events & IN2L 10:00 Music Appreciation Club 1:30 Picture Books 1:50 Group Exercises 3:00 Scenic Bus Ride 6:00 Adult Coloring Pages	17 10:00 Crafting Club: Hand Colored Ornament 1:30 Scottish Pipes and Drums LDR 3:30 Sing A-Long 4 6:00 Current Events	18 9:30 Individual Activities 10:30 Spiritual Time with Pastor Zeb 1:50 Group Exercises 6:00 Current Events	19 9:30 Individual Activities 10:30 Crafting Club 1:30 Remembering Pets 3:00 Timeslips 6:00 Current Events & IN2L	20 9:30 Pet Therapy LSL 10:30 Music Therapy 1:00 Rhyme Time 1:50 Group Exercises 3:30 Reminisce Cards 6:30 Adult Coloring Pages	21 10:00 Hand Massages 10:30 Group Crossword 1:30 Bean Bag Toss 6:00 Drawer Detective 6:30 Movie Night
22 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 3:00 Church Service with Pastor Zeb LDR 6:30 Listen to Music	23 10:00 Food for Thought 1:30 Parachute 3:00 Scenic Bus Ride 6:00 Adult Coloring Pages	24 10:00 Crafting Club: Name Art 1:30 Cooking Club 2:00 Storytelling & Snack 2:30 Snack and Socializing 6:00 Current Events	25 9:30 Individual Activities 10:30 Spiritual Time with Pastor Zeb 1:30 Beanbag Toss 3:30 Sing A-long Hymns 6:00 Current Events	26 9:30 Individual Activities 10:30 Humor: Name that Name 3:00 Timeslips 6:00 Current Events & IN2L	27 9:30 Individual Activities 10:00 Current Events & IN2L 1:30 Magic Memory 3:30 Group Puzzles 6:00 Listening To Music	28 10:00 Hand Massages 10:30 Coloring Pages 1:30 Musical Instruments 3:30 Sing A-Long Hymns 6:30 Movie Night
29 10:00 Football Toss 10:30 Nail Care 2:30 Skillset Work 3:00 Church Service with Church of Cross LDR 6:30 Random Trivia	30 9:30 Current Events & IN2L 10:00 Music Appreciation Club 1:30 Group Walk 3:30 Sing-Along 3 6:00 Paint By Numbers	31 10:00 Crafting Club: Community Quilt 1:30 Cooking Club 2:00 Storytelling & Snack 3:30 March Categories 6:00 Current Events				Special events are in Red. Bus outings are in Blue.